



Presenting to the Community



Amanda Bigelow

14 & 15 JULY 2016

**FORUM Supported by
Chantal Corish**

Chantal is a farmer's wife and mother to three little girls. She runs a psychology practice and has been involved in the mental health field for almost a decade. Chantal sits on the Board of Care Goondiwindi and has a passion for mental health education and awareness-raising aided by skills gained while working as a media advisor in federal politics and in public relations.



Amanda Bigelow is a certified health coach and behavior change specialist who works with high-achieving women, helping them to create abundant energy, healthy bodies and inspired, productive lives.

"Blueprint for a healthy productive life"

Women's Wellbeing Workshops
Golden Age Centre
68 Elizabeth Drive Goondiwindi

Community Forum
Royal Hotel—Macintyre Room
Marshall Street Goondiwindi

Thursday, 14th July 2016
12.30pm—3.30 pm
Or

Friday, 15th July 2016
9.30am —12.30pm

\$60 per person including

Signed copy of her book valued at \$24.99
and Lunch on both days

***"Blueprint for a healthy
productive life"***

Thursday—14th July 2016
6.30 pm

McIntyre Room—Royal Hotel
Marshall Street, Goondiwindi

\$20 per head includes
light supper

TO BOOK YOUR PLACE IN THE WORKSHOP

Right click link below:

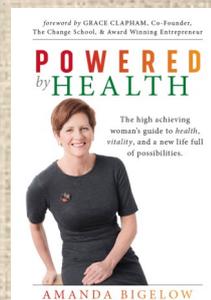
<https://pingld.wufoo.eu/forms/blueprint-for-a-healthy-productive-life-workshop/>

COMMUNITY FORUM



AUTHOR: "Powered by HEALTH"

Available for Sale on the Night
\$24.99



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"Blueprint for a healthy productive life"

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TO REGISTER

CALL CARE GOONDIWINDI—0746700700 or EMAIL: info@caregoondiwindi.org.au

ROYAL HOTEL, MARSHALL ST GOONDIWINDI COST: \$20.00 per person—Light Supper provided

Don't miss your opportunity enjoy and listen to these GREAT Speakers—call and book TODAY!!

