

# *The Gundy Gallop Colour Fun Run!!!*

## *Brought to you by Care Goondiwindi & The Goondiwindi PCYC*

### WHAT IS IT :

The Gundy Gallop is a 5km charity colour fun run. It is not a timed event. Paint is non-toxic corn starch based. There will be at least 3 “wet & colour stations” along the way so please be sure to cover or leave behind electronics. You can run, jog or walk the course—the only requirement is to have FUN! Make sure you wear white old clothes or even dress up in something colourful and crazy, and be prepared to get messy! EVERYONE is encouraged to meet at the finish for cold drinks, BBQ, raffles, live music & the SUPER Colour Throw!!!

### COST:

- \$25:** Individual 5km
- \$10:** 14 years & under 3km
- \$5:** 6 years & under 1km (one parent can run with child)

\*No extra cost for a child in a pram.

\*Children who wish to run a shorter distance are welcome

\*Your welcome to run as a team in any of the categories but please sign up as individuals but write your team name on the entry form

### Cost will include:

- Goodies bag
- Packet of colour for the colour throw
- Afternoon of fun!

### HOW TO NOMINATE:

Complete and sign nomination details below. Drop or post **completed and signed** forms to Care Goondiwindi by **10th October**. Competitor packs will be given out at registrations. Participants need to arrive 1 hour prior to the race to register.

### PAYMENT OPTIONS:

1. **Cash payments** can be made to the Care Goondiwindi Office, 56 Marshall Street or at the PCYC Office Goondiwindi.
2. **Cheques or Money Orders** can be posted to: Care Goondiwindi, PO Box 687, Goondiwindi 4390, QLD.
3. **Bank deposit-**

NAME: Care Goondiwindi Assn Inc

BSB: 034-184

ACC: 188591

**PLEASE USE YOUR FULL NAME OR YOUR TEAM NAME AS WELL AS THE WORD—'RUN' AS THE REFERENCE.**

