



## Older Person's Network Newsletter- OPN MAY 2017

*BRING A FRIEND MONTH!!!..... Bring a friend along to an OPN activity!*

Thank you to everyone who joined in & came along on the Mystery Tour..... Despite the rain we had a wonderful day!! More trips to come.....

### Older Persons Network LUNCH!

**O'Shea's Royal Hotel**

**Wed 17<sup>th</sup> May**

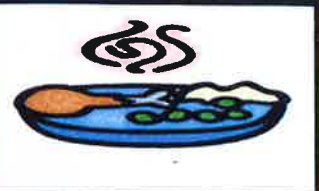
**\$15 a head- 2 course meal**

12 midday. **Guest Speaker: Sarah Little – Technology**

**Savvy Seniors!!!!!!**

Transport Available. RSVP: Care 46700700

**RSVP Essential- no RSVP no Entry!! RSVP by Tuesday 16<sup>th</sup> May**



**Gundy Greys-** Expressions of interest for a lunch & visit to the new Texas Rabbit works & tour of Peter Venables farm?! Please call Kirsty 46700700.....

**Mothers Day Farmers Market –**  
@ the Community Gardens!  
Please see poster back for more details!

**TAI CHI for your body –** Call Shane 0408964835 or Kylie 0428763102 for more information.....

**Bingo – every Thursday**  
at Bowls Club 46713777

**Care's Biggest Morning Tea cake stall!** Can you help us?? We need baked goods or handmade items for our stall. Please contact Kirsty or Anna at Care 46700700 if you are able to assist. We can assist with packaging/labelling of items. Raffles on sale at the Cake Stall will go towards the Care seniors programs.

**Sunday in Gundy Markets – 28<sup>th</sup>**  
May 8am-12noon at town park.

**USA Activities –** contact [u3agoondiwindi@outlook.com](mailto:u3agoondiwindi@outlook.com) or call Marilyn 0428788295.....

### Social Croquet-

Tuesdays 7:30am @ Bowling Club.



### MAY Birthdays:

Elaine Collins 1<sup>st</sup>, 2<sup>nd</sup> Rosalie Mills, 5<sup>th</sup> Patsy Hodge, 8<sup>th</sup> Joan Talbot, 12<sup>th</sup> Jenny Hunt, 24<sup>th</sup> Ann Raymond, 28<sup>th</sup> Reg Owens.....



**Happy Birthday to you!!!!**

June Movie -

### Going in Style

Wed 7<sup>th</sup> June please contact the Cinema for more details 46710365.

**Yelarbon Dance**  
Last Friday of month  
7:30pm  
Soldiers Hall  
Ph Kay  
46751127 or  
Pat 46751164

### Veterans

### Social Bowls

Tuesdays  
Start 8am.  
Lunch  
Available  
\$9 to play.  
46713777

### Social Croquet- ph

Anne Webster  
46712738

### Other Senior Services..... Ph: 46700700.

\*Family Circle Psychology - Chantal Masters Clinical Psychologist.

Medicare rebates with Dr R/F ph:0427623916.

\*Free Legal Service @ Care Goondiwindi.

\*Medico Run- Free transport for Senior's in Goondiwindi to any Medical Appointments in town.

\*Support/Referral Service- Kirsty Dowling

**Are you interested in volunteering at the Visitor Information Centre?**  
Ph: 46 712653